

# Of Interest to Women

## NEW ONE-PIECE FROCKS OF SATIN.

BY ANNE RITTENHOUSE.

Special Correspondence of The Star.  
NEW YORK, September 9.—The French openings decided that satin gowns, suits, wraps and even hats were to be in first fashion this autumn.

All of the leading houses produced three-piece suits in satin, and one-piece frocks were offered in such a vast assortment of colors and shapes that one wondered what would become of serge and gabardine.

Every American woman does not care for a satin frock. She knows it



ONE-PIECE FROCK FOR AUTUMN, OF SAND-COLORED SATIN EMBROIDERED IN BLUE AND SILVER THREADS. THE BELT IS OF PATENT LEATHER TO MATCH THE SATIN.

ability to crease. She feels that she may spend more money on her laundry than the gown warrants. On the other hand, she knows that satin is cooler than cloth and that wrinkles will shake out if the material is left to hang in the air.

In other seasons when both satin and serge were in fashion she was of two minds, in a literal way, and she bought a gown of each to satisfy both minds.

The delightful part about choosing

the new satin frock is that it serves when a gown of gabardine would not be considered. Whenever one can say of a gown that it can be worn morning, afternoon and evening the fastidious turn from it with scorn and uplifted shoulders; but the woman who is economical of time as well as money is apt to greet the proposition with enthusiasm.

The American idea.

In the rest of the world, especially France, a woman is not supposed to wear the same gown for different occasions. Paris considers that thrift and good management consist in having a gown for each separate section of the day. The smart Frenchwoman may not like but three gowns for a season, but those three represent the divisions of the day. She tries to impress this idea upon the other women of the world, but she cannot always compel them to take it up.

The American idea is to have several gowns, with many of them serving the same occasions. An American will buy three frocks that can all be worn at exactly the same hour of the day, and then she will wonder why she hasn't a proper frock for an emergency or an occasion.

Reforms come slowly, and America has been led by the hand, with France as a guide, to the higher standard of dress than France supposed possible a decade ago; but she is still being pulled by her guiding spirit in the direction of keeping certain gowns for certain hours of the day.

Looking at it from a slightly pessimistic viewpoint, it would not seem that she has gone far along this road. The woman who prides herself on buying the right clothes with the exact correct expenditure of money is the one who divides her choice by three, but her friends rarely follow her footsteps.

The New Satin Frock.

Today shops will offer a one-piece satin frock to every woman who is in search of something serviceable for the first days of autumn. It is better to be warned of this in advance and to make up your mind whether or not you like satin. Don't be suddenly confronted with the necessity for an immediate decision. Think it over now.

If you find a serviceable satin frock in evidence, but are a bit tired of blue satin, it seems more commonplace in this material somehow than in serge or gabardine, yet there is no reason for such belief.

Dark green, you know, is coming into fashion for suits and hats, as it has been for especially smart topcoats, but in the case of suits, like suit, and string, are high in favor.

The sketch shows a French gown in sand-colored satin which has a row of buttons down the front and a British apron effect outlined in blue and silver embroidery.

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## Clothes for the Toddler.

Little girls' coats for autumn and winter are made of silk in sage green, dull blue, old rose or tan. These coats are made very warm by a padded lining and they are extensively trimmed with fur.

Many of the most expensive suits for little boys this autumn are of the middie order. Sometimes the short trousers are of navy blue serge, while the blouse, that hangs loose at the hips, is of white serge, with the usual applique insignia on the arm.

One of the most attractive hats sold for little boys is a tam-o'-shanter, suggestive of the artists' caps of Paris. It is of soft white plush or corduroy, with a rosette of silk or fur. It is faced with colored plush or corduroy. Little girls wear the same sort of hats, with the addition of streamers and a band of picot edged with ribbon.

The shops are now showing white corduroy hats with crowns that button around the rim exactly like the pique hats worn formerly for summer. The advantage of this button-on arrangement is that the hat may be taken apart for washing and put together again with perfect ease. Hats of this sort are sold for children from one up.

Little girls will dress more like their mothers this autumn and winter than ever. Coats show elaborate fur trimming, patch pockets and much trimming of fringe and embroidery. Many of the white coats are smocked attractively.

Little girls' hats match their coats and are trimmed at the side with a quaint little bunch of French flowers or ostrich tips.

Many mothers are buying inexpensive undergarments for their little girls and boys, adding the trimming themselves. The inexpensive garments are made well and are as durable, and with a little home trimming are quite as attractive, as the more expensive sort.

Inexpensive white rompers and jumpers can often be given an attractive touch with a little cross-stitch work or embroidery in blue or pink cotton. Sometimes a couple of rows of fine needlework about the edge of the sleeves and neckband gives the air of hand work so desirable in children's clothes.

Some mothers who are at a loss to know how to dress their little boys of three and four years of age have solved the difficulty by putting them into little trousers made with shoulder straps. These garments, for which there are many good paper patterns, may be made of some durable colored kindergarten cloth or galatee. The shirts worn with them may be of white with a simple band at the end of the sleeve and a turn-down collar.

Grape Catsup.

For grape catsup weigh the grapes and allow two pounds of sugar to ten pounds of grapes. Add a quart of vinegar, an ounce each of mace, cloves and cinnamon. Boil the sugar and vinegar for fifteen minutes and add to the pulp and skins, which have been heated, rubbed through a colander to remove skins and seeds and cooled. Then boil all together twenty minutes and bottle. Boil slowly and if too thick add a little more vinegar.

Clams AGAIN.

As the days for oysters return with the rolling around of September, there are many of us who still demand clams. For those are the receipts here given—receipts for truly tempting dishes.

Clam cocktails—The proportion of the ingredients used for the dressing to a clam cocktail vary according to individual preference, but a good working standard allows to each plate five or seven clams, one teaspoonful of horseradish, one teaspoonful of tarragon vinegar, a tablespoonful of tomato catsup, a teaspoonful of table sauce, a teaspoonful of lemon juice, four drops of tabasco sauce and a pinch of salt. Mix all the seasonings thoroughly, add the clams and then place the mixture in glasses or in green or red pepper shells, in tomatoes scooped out to form little clam cups. Chill thoroughly in the refrigerator before serving.

For clam soup chop twenty-five clams fine and add them to their own liquor and a cup of boiling water in a saucepan on the fire. Boil for twenty or thirty minutes. Season liberally with butter, pepper and salt and add a quart of boiling milk and two crackers rolled to crumbs. Add a little lemon juice just before serving.

Roasted clams are prepared in this way: Scrub the shells thoroughly with cold water and a stiff brush. Put them in a pan in a hot oven until the shells open and drain off the juice. Then carefully, preserving all the juice, serve the clams on these lower shells with melted butter, pepper and salt in a little dish in the middle of the plate.

Clam bouillon is as tempting and at the same time refreshing as any kind of clam broth. To make it wash two quarts of clams and put them in a covered kettle with half a cup of cold water. Cook until the shells open and strain the liquid through cheesecloth. Add a quart of water and a quart of liquid. Brown three tablespoonfuls of butter and add the same amount of flour and then gradually add the clam broth, beating all the time. Season with salt and red pepper and simmer for twenty minutes, then add a cup of cream and serve at once.

A good sort of clam broth for those who are ill is made in this way: Bake a dozen clams until the shells open and drain off the juice. Chop them fine and add a cup of the juice and a little butter. Simmer thirty minutes, add a bill of hot milk and strain. Serve with a little pepper, if pepper is allowed.

Spiced Grapes.

Squeeze the pulp from grapes and boil it, then rub it through a colander to remove the seeds. Add the skins to the strained pulp and boil, using a quart of elder vinegar and nine pounds of granulated sugar to fourteen pounds of grapes. Add spices to taste, cinnamon, allspice and cloves, and boil down until thick. Then pack into jars or glasses.

A Real "Peach Cobbler"—Not a soggy, doughy, inedible combination, but a crisp, tasty, easily-digested dish of whole wheat with peaches and cream. Cover one or more Shredded Wheat Biscuits with sliced peaches and then pour cream over them. Nothing so appetizing and satisfying and nothing so easy to prepare.

Sealed Tight—Kept Right.

Don't forget

WRIGLEY'S

after every meal

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## LITTLE STORIES for BEDTIME

BY THORNTON W. BURGESS.

(Copyright, 1916, by T. W. Burgess.)

### Peter Learns How Sooty Builds His Nest.

It's queer what interesting things are happening every day. Beneath our very noses. While we blindly go on our way.

And all because we haven't learned to see. We think we see, but we don't. We see only the things that we have been trained to see, and not always those.

Most of you have seen Sooty the Chimney Swift flying about, but how many of you ever have seen him gathering material for his nest? You have seen other birds picking up straw or feathers or mud or other things with which to build their homes, but have you ever seen Sooty picking up such things? I know you haven't. How do I know? Because Sooty doesn't pick up things for a nest. He doesn't pick them up because he never comes down on the ground. You remember he told Peter Rabbit that he is always in the chimney except when he is in the chimney where he makes his home. And yet he has to make his nest of something. How does he get it? Listen to what he told Peter.

"What do you build your nest of down inside that chimney?" asked Peter.

"Sticks," replied Sooty, as he darted above Peter.

"Sticks?" exclaimed Peter, as if he couldn't quite believe that. "Sticks?"

"Yes, sticks," retorted Sooty. "What is there queer about that? Other birds use sticks, so why shouldn't I?"

"There is no reason why you shouldn't that I know of," replied Peter. "I was just wondering where you got them. I never have seen you picking up any, and you have said yourself that you never alight."

"Where should I get them but where they grow?" retorted Sooty.

"Do you mean in the trees?" asked Peter in a wondering tone.

"Of course. Where else should I mean?" retorted Sooty. "Watch me!"

He darted straight toward a little tree growing in the dear Old Brier Patch, and without stopping just brushed the tip of a branch. Then he turned and darted back over Peter, and as he passed he dropped something. It fell at Peter's feet. Peter stopped to look at it. It was a tiny dead twig. Wonderingly Peter stared at the little tree, and for the first time noticed that there were some little dead twigs near its top. Sooty had simply snapped one off as he flew. He passed over Peter once more and chuckled.

"Do you see now how I gather sticks?" he inquired.

Peter nodded. "I know how you do it, and I guess that is just what you mean," said he. "I can't say that I saw you do it, because you did it so quickly that I didn't see it done at all. Do you always gather sticks that way?"

"Always," replied Sooty. "Just the same as I always catch my food while I am flying. It is very handy. I eat and have a good time in the air at the same time."

"How do you fasten those sticks together to make a nest, and what do you build it on?" persisted Peter.

"I stick them together and stick the nest right to the side of the chimney down inside," replied Sooty in the most matter-of-fact way.

Peter's ears stood right straight up with astonishment. "Stick the sticks together and the nest to the side of the chimney?" he exclaimed. "What under the sun do you stick them with?"

"Oh, I have some sticky stuff in my mouth just for that purpose. I have it only when I am building a nest," replied Sooty in the most matter-of-fact tone. "When it dries it hardens and I have one of the most solid nests in the world. I don't have to have strings or roots or mud to fasten my nest together. Some folks know that it is the safest place I know of. No one can bother me or my babies there. Now, I must go back. Good-bye, Peter, and remember that what I have told you is a secret."

"Good-bye!" cried Peter and Mrs. Peter together. And this is how Peter Rabbit learned something of Sooty the Chimney Swift and his ways.

### Concerning Food Values.

It is the sugar in a banana that gives it its high food value. Sugar forms about 90 per cent of its bulk.

Fruit is valuable largely because of the acids it contains.

Most fruit contains a very large percentage of water, from 75 to 95 per cent.

There is little fat in fruit, but apples contain more than any other sort.

The mineral salts in vegetables are of great value.

Milk contains no starch, but it does contain sugar. It is said that half a pound of dates and a glass of milk make a complete meal.

Nuts contain the food elements contained in meat.

Vegetables that grow underground, the tubers, have the highest nutritive value of any vegetables.

Soup of the clear broth order has little food value. Its value lies in the fact that it warms the stomach and, therefore, helps it to start the digestive process, and that, because of its bulk, it gives a feeling of satisfaction without the necessity of overburdening the stomach with concentrated foods.

Metal ornaments, wings and narrow ribbon about all the millinery decoration we shall see this fall.

Full 36 inches wide. All pure silk; heavy soft quality with a highly lustrous finish. Every yard is absolutely perfect. A complete assortment of over 35 beautiful shades for Street, Afternoon and Evening Wear.

72 inches wide. All pure silk and perfectly finished. Choice of a good assortment of the popular colors.

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